

# Seminar will start soon

- You can during the seminar submit questions through the Chat-function
- You are welcome to submit questions without stating your name, but we welcome you enter your name and organisation
- This webinar will be recorded



## WELCOME



THE GLOBAL GOALS



Nordic Council  
of Ministers



Government Offices of Sweden  
Ministry of Health and Social Affairs



Northern Periphery and  
Arctic Programme  
2014-2020



EUROPEAN UNION  
Investing in your future  
European Regional Development Fund



region  
västerbotten

# Healthcare and care

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## The future of healthcare and care, what is the bottleneck? (Innovation track)

Healthcare and care through distance spanning solutions (2018-2021) –  
Part of the Swedish presidency programme of Nordic Council of Ministers 2018

VOPD webinar 14th of December – 4th final webinar

Niclas Forsling, Centre for Rural Medicine - Region Västerbotten  
Bengt Andersson, Nordic Welfare Centre

**through  
distance-spanning  
solutions**

# VOPD webinar 14th of December – 4<sup>th</sup> final webinar

## The future of healthcare and care, what is the bottleneck? (Innovation track)

Zoom webinar 14 December at 11.00-11:45 (CET), program:

- 11.00 Introduction VOPD and Wearables and Response Service – Innovation track**  
Bengt Andersson, Senior Adviser, Nordic Welfare Centre
- 11.05 Wearables - Is the future of integrated healthcare and care at your wrist?**  
Bengt Andersson, Senior Adviser, Nordic Welfare Centre
- 11.15 Response Service – Bottleneck or a game changer?**  
Niclas Forsling, Project Manager, Centre for Rural Medicine, Sweden
- 11.30 Centre for Rural Medicine invests 10 MEUR in system solutions for integrated healthcare and social care**  
Niclas Forsling, Project Manager, Centre for Rural Medicine, Sweden
- 11.35 Discussion and short sum up**  
Niclas Forsling, Bengt Andersson
- 11:45 Closing the webinar**

# Nordic Welfare Centre

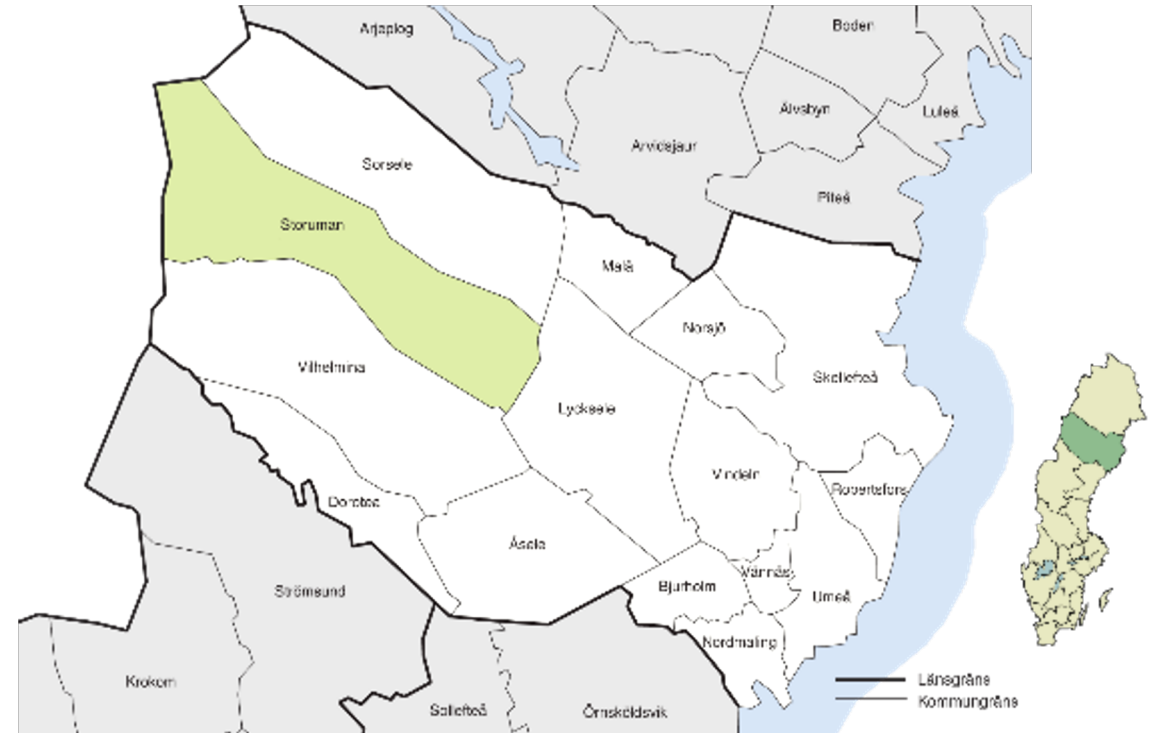
- An institution under Nordic Council of Ministers
- Offices in Stockholm and Helsinki
- 30 employees





# About the Centre for Rural Medicine

- Since 2014 a R&D-unit within Region Västerbotten
- Head office in Storuman
- Around 15 employees, spread across the northern region
- Funding mainly through various projects – about 4 million SEK in core funding



# Webinar 1: Implemented distance-spanning services in the Nordics

- What e-health solutions already exist, and what should be put in place?
- What are the technologies with the lowest threshold?

Publication September 2019 with the 24 most interesting distance spanning solutions

Download an electronic version or order your printed version in English [here](#)

Find your Swedish version [here](#)

For 19 more solutions, visit our website: [www.healthcareatdistance.com](http://www.healthcareatdistance.com)



# Webinar 2: Roadmap for service innovation

- How can technology be brought to those people who need it and/or don't know how to use it?

Roadmap translated into Swedish:

- Download your version [here](#)

Roadmap translated in other languages:

- English, download [here](#)
- Danish, download [here](#)
- Icelandic, download [here](#)
- Finnish versions being translated



# Webinar 3: Practical examples from implementation work 2020

- How to fast-track innovation?

## VOPD Call 1: Nine projects starting in September 2019

Organisation	Country
1 The central hospital of Kanta-Häme	Finland
2 City of Reykjavik	Iceland
3 City of Akureyri (Akureyrarkaupstaður)	Iceland
4 Akureyri Hospital	Iceland
5 Steinkjer Municipality	Norway
6 Høylandet Municipality (VINA)	Norway
7 KSON, Municipal association of healthcare and social care in Norrtälje	Sweden
8&9 Primarycare district of South Lapland + 7 Municipalities (Åsele, Storuman, Dorotea, Malå, Lycksele, Vilhelmina, Sorsele)	Sweden



## VOPD Call 2: Twelve projects starting in April 2020

Organisation	Country
1 Oulu Health	Finland
2 Odense University Hospital	Denmark
3 Rigshospitalet, Capital Region of Denmark	Denmark
4 Bornholm Hospital, Capital Region of Denmark	Denmark
5 Bornholm Hospital, Capital Region of Denmark	Denmark
6 Akureyri Hospital11	Iceland
7 City of Akureyri (Akureyrarkaupstaður)	Iceland
8 Agder - 25 Municipalities	Norway
9 Eskilstuna Municipality	Sweden
10 Tallinn Science Park Tehnopol	Estonia
11 Saaremaa Municipality	Estonia
12 Võru County	Estonia







# Wearables

*– Is the future of integrated healthcare and care at your wrist?*



# Devices with single data feed or multiple data feed?

(Practical examples of distance spanning solutions from our mapping exercise and publication)



Tele kit solution for patients with hearth failure (only on VOPD.nu)



Tele kit solutions for COPD patients



Night surveillance using webcam



Digital safety alarms - GPS





Pulse



Activity



Sleep



Notifications



GPS



Log

SpO<sub>2</sub>

Apps

Telecommuni-  
cation

ECG



Breathing

Motion  
analysisBlood  
pressure

<a href="#">Apple</a>												
<a href="#">Garmin</a>												
<a href="#">Fitbit smartwatch</a>												
<a href="#">Samsung</a>												
<a href="#">Oxitone</a>												
<a href="#">Withings</a>												
<a href="#">Un-medical</a>												
<a href="#">Fossil</a>												
<a href="#">Skagen</a>												
<a href="#">Polar</a>												
<a href="#">Xiaomi</a>												
<a href="#">Fitbit</a>												
<a href="#">Omron Heartguide</a>												
<a href="#">Heartisans</a>												
<a href="#">Suunto</a>												
<a href="#">Motiv</a>												
<a href="#">Taiwan Biophotonic</a>												
<a href="#">Minifinder</a>												
<a href="#">Posifon</a>												
<a href="#">Doro</a>												

Disclaimer: This is NOT a way of comparing different wearables and the quality of their functions, rather to indicate the width of possible functions.





# Wearables

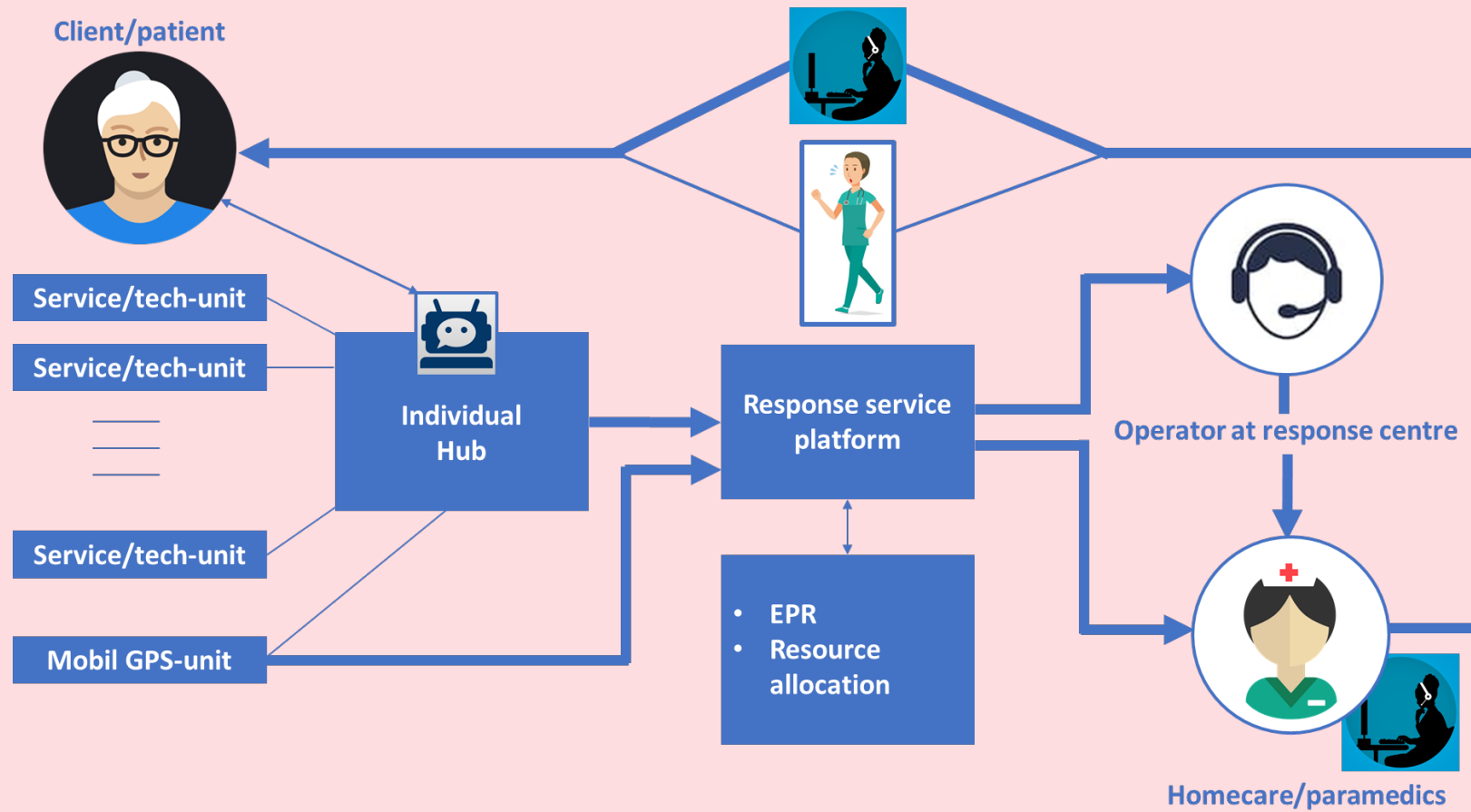
*– Is the future of integrated healthcare and care at your wrist?*

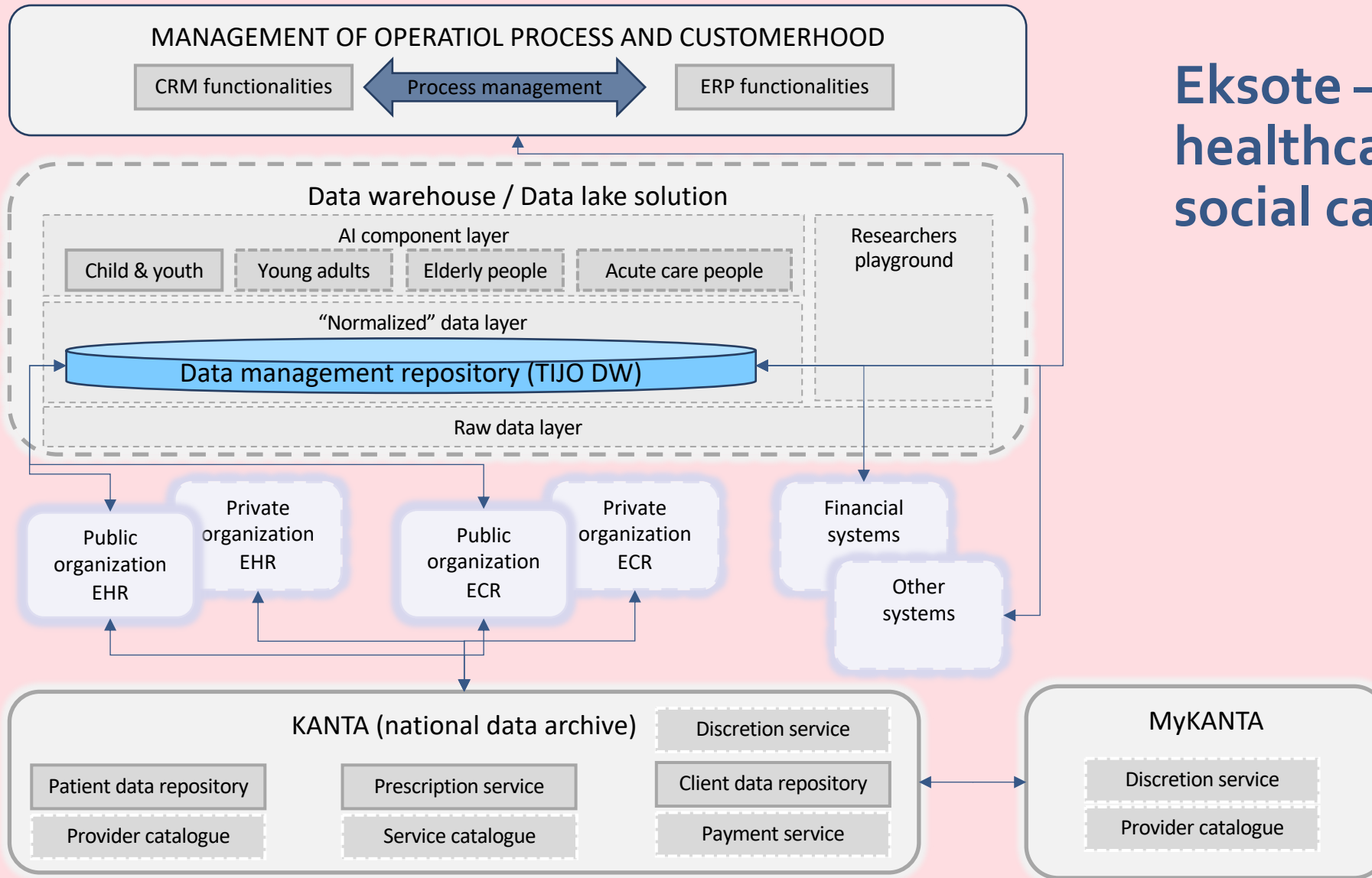
# Response Service - Bottleneck or a game changer?






# Bottleneck or a game changer?





## Eksote – A joint healthcare and social care region

# Legal review by Nordic Innovation

 **Nordic  
Innovation**

Programs and Special Initiatives

What We Support

Publications

Results

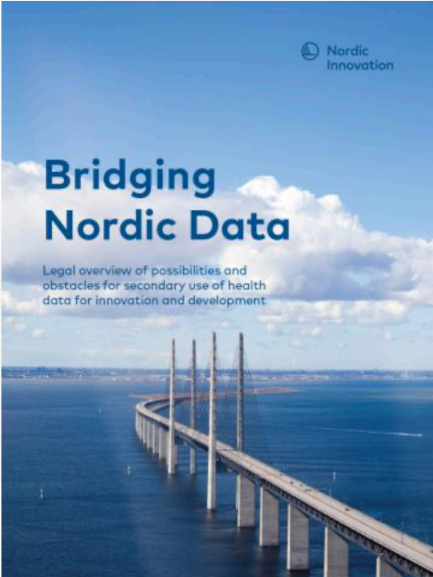
Business Tools

Contact

About Us

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**Bridging  
Nordic Data**

Legal overview of possibilities and obstacles for secondary use of health data for innovation and development


## Bridging Nordic Data

A legal overview of possibilities and obstacles for secondary use of health data for innovation and development.

[Download publication](#)



Contact  
adviser



Published: 16.06.2020

On assignment from Nordic Innovation, Deloitte Legal has carried out this legal overview of possibilities and obstacles for secondary use of health data for innovation and development.

# Present

Social care providers –  
municipality (public and private)



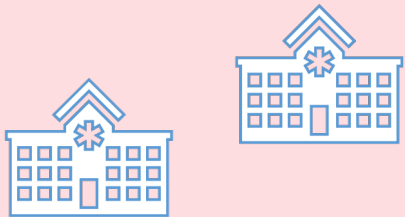
Social care providers offer self-monitoring and self-care equipment

All measurements are reported to the social care provider

Social service electronic records  
Interventions based on care  
administrator decisions

Not possible to share data between different providers (according to legislation)

Healthcare providers - region  
(public and private)



Electronic health records  
Referral  
Treatments  
Drug withdrawal

Health care providers offer self-monitoring and self-care equipment

All measurements are reported to the health care provider

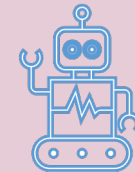


Selfgenerated data  
initiated by the patient



Not possible to  
share own data

Measurements generated  
manually or automatic





# Spinn on GDPR

The effects of the GDPR legislation has not yet been seen, and opportunities that can benefit our citizens still need to be explored and developed.

The current structure of storing health data at healthcare and social care institutions are connected to legislation rather than providing the citizens with the best opportunity to utilize their data.

The drive for change need to come from the citizens, simultaneously as trusted alternatives to hold health data can be provided.

GDPR is a human rights act, and will through correctly tailored systems empower the citizens to improve their wellbeing.



# Future

Social care providers –  
municipality (public and private)



Healthcare providers - region  
(public and private)



Social care providers offer self-monitoring and self-care equipment

Social service electronic records

Interventions based on care  
administrator decisions

Shared data through consent

Possibility to automatic reporting  
of non conforming value

Shared data through consent

Electronic health records

Referral

Treatments

Drug withdrawal

Shared data through consent

Health care providers offer self-monitoring and self-care equipment



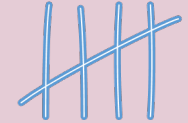
Safe harbour

Non conforming measured value

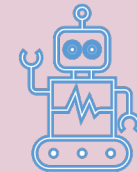
Accepted measured value



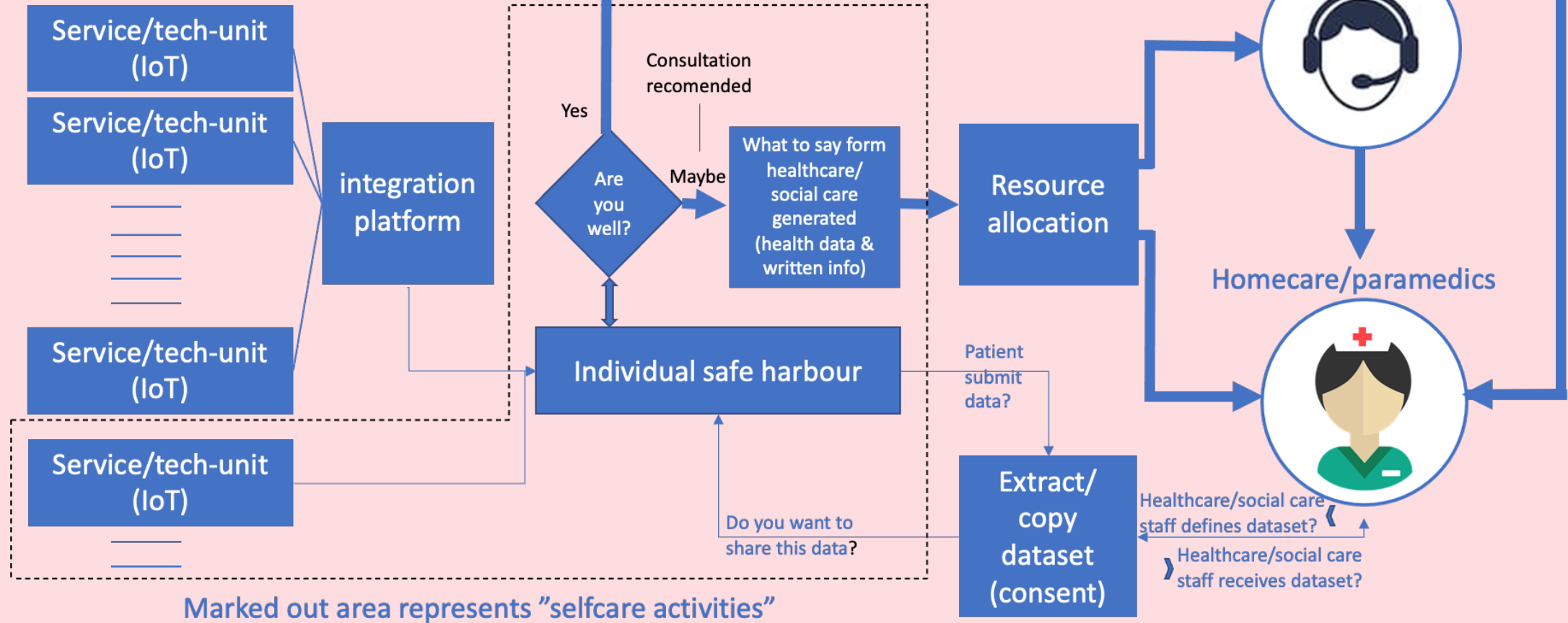
Selfgenerated date  
initiated by the patient



Measurments generated  
manually or automatic



Client/patient



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# Centre for Rural Medicine invests 10 MEUR in system solutions for integrated healthcare and social care



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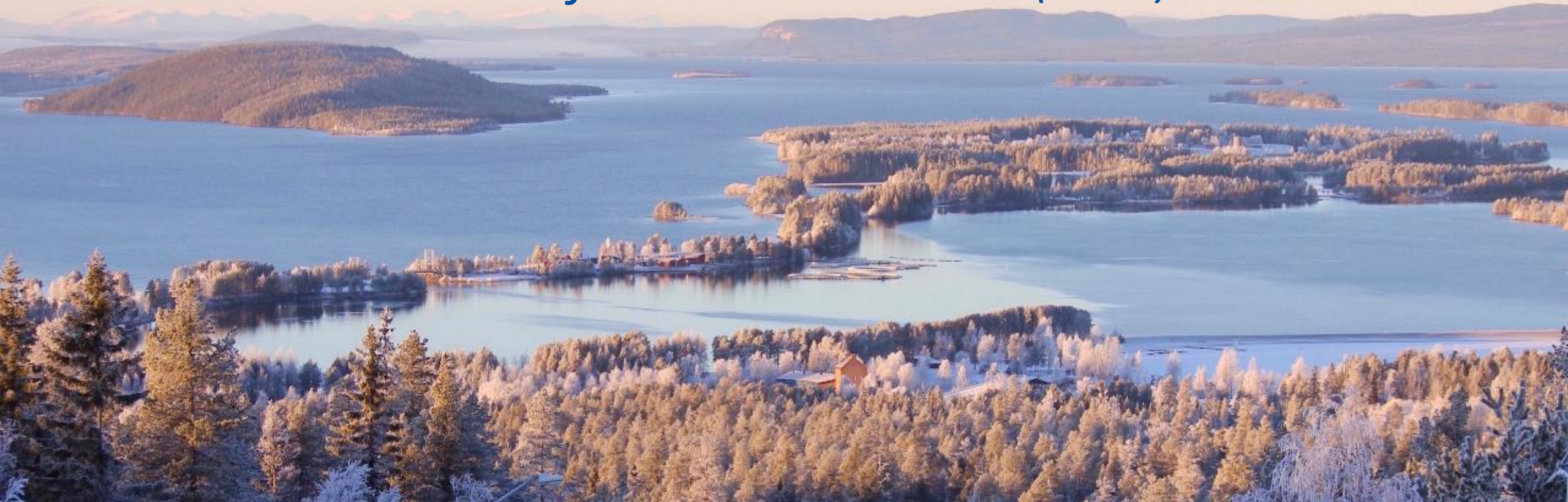
EUROPEAN UNION  
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European Regional Development Fund

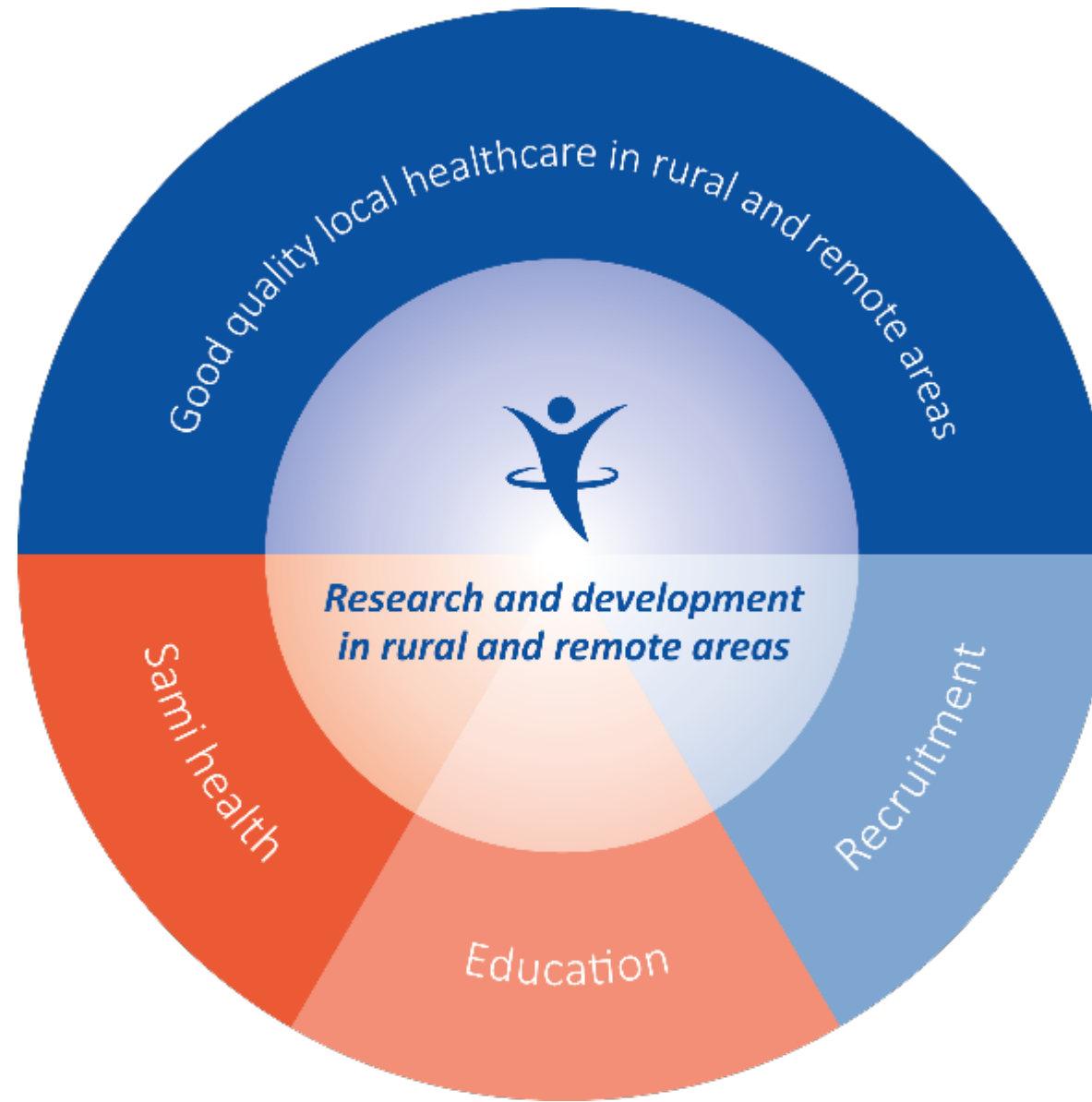


region  
västerbotten

# Glesbygdsmedicinskt centrum

## *Centre for Rural Medicine (GMC)*









# Health room/community room



# CRANE – PCP project (under negotiation)

- Call within Horizon 2020
- Pre-commercial procurement (PCP) for integrated care solutions **ID:** SC1-BHC-20A-2020
- **Call name:** Better Health and care, economic growth and sustainable health systems
- CRANE - Comprehensive Treatment of Chronic Patients in Rural Areas
- 3 contracting regions; Region Västerbotten, Agder region and Extremadura Region (ExR)
- Academic partner: Oslo university hospital (Center for connected CARE – C3)

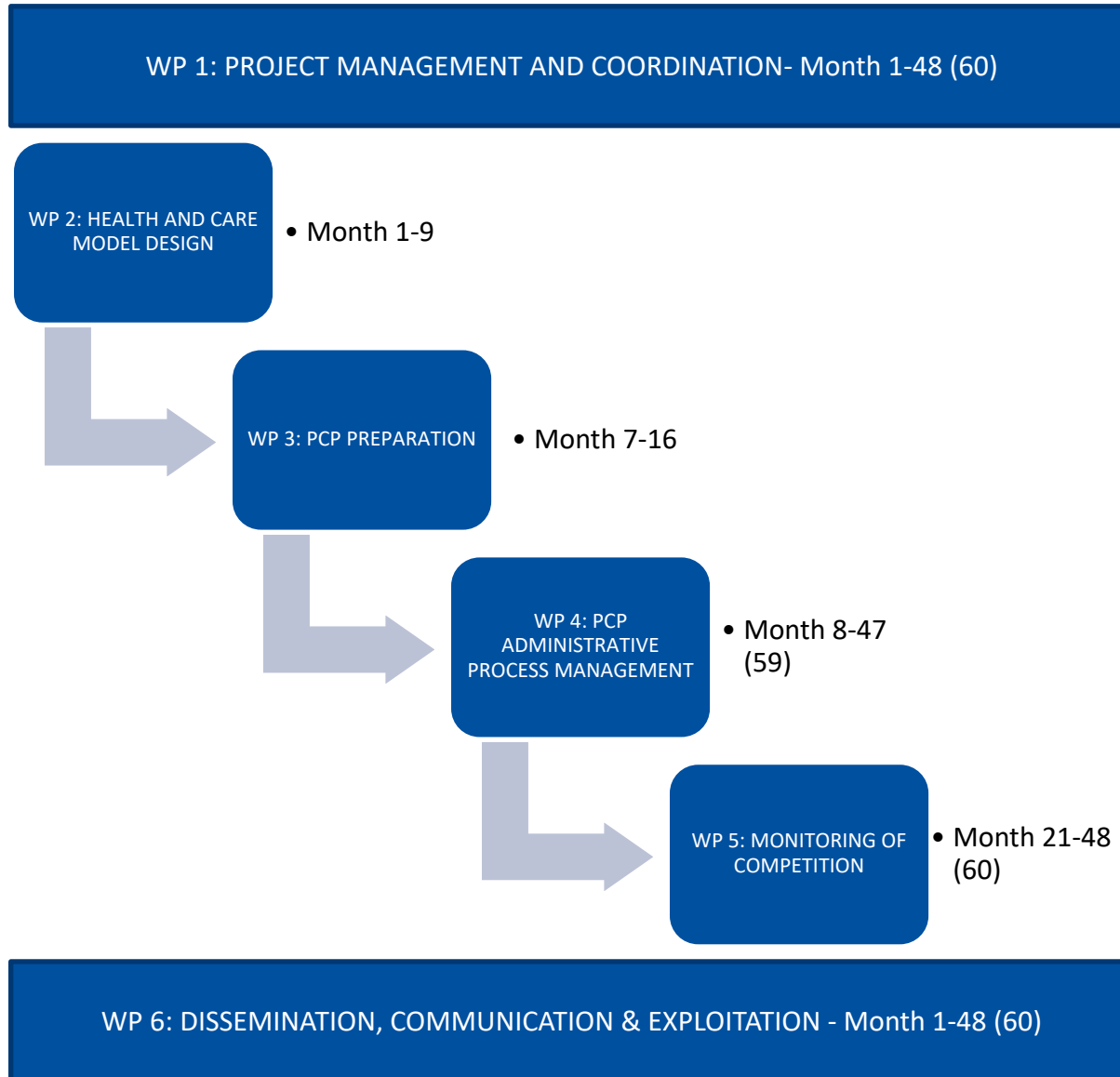
# CRANE – PCP project

- Build a system for increased person-centered care and nursing,
  - contribute to "empowering the citizens"
  - move citizens from social care and healthcare to preventive measures
  - Opportunity to take increased responsibility for their own health - public health
- Procurement in three phases (approx amounts):
  - Design of a new ICT support for integrated healthcare and care (5 suppliers, 50 k EUR)
  - Prototype of a new system, proof of concept (3 suppliers, 600 k EUR)
  - Validation of a new system (2 suppliers, 1 250 k EUR)



## CRANE – procuring partners

- Region Västerbotten has the procurer responsibility (Lead coordinator)
- Procurers; Region Västerbotten SE, Agder Region NO, Extramadura ES
- PCP budget approximately 4,650 MEUR
- Expected to sign contract, 4<sup>th</sup> of February 2021
- Starting date 1<sup>st</sup> of March 2021



# Tique – Preventing emergency care

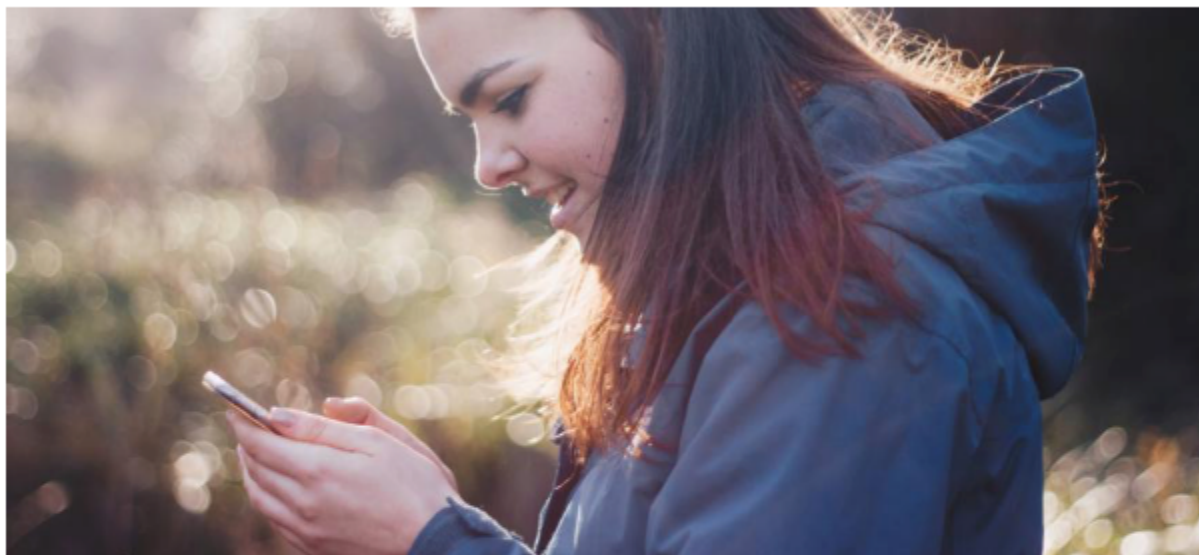
- Another PCP project, through Horizon 2020, under negotiation
- Tique: *InnovaTive care services, enhanced with technology, to deliver **QU**ick **rE**sponses for individuals with advanced heart failure and complex care needs through integrated care*
- Region Västerbotten, one procurer (Hospital de la Santa Creu i Sant Pau, Barcelona. CenterMed Sp. z o.o. Krakow)

# Tique – Preventing emergency care

- PCP budget approximately 4,2 MEUR
- Similiar PCP set up as for CRANE
- Main focus is on:

*Bridging the gap between offer and demand by creating a new generation of market solutions to implement integrated care (IC) approaches to treatment for patients with advanced heart failure (HF) and co-existing chronic conditions (multimorbidity), frail or at risk of becoming frail.*



Contact  
adviser

## Nordic Digital Health & Medication Platform

2020 - 2021

ACTIVE

Establishing and operating a platform for accreditation, dissemination and activation services of quality approved digital health apps in the Nordics.

# Discussion and some final words:

- Healthcare and care through distance spanning solutions - A building block for a sustainable Nordic region 2021-2024
  - The future is a seamless healthcare and social care system, working with model areas
- All webinars are available at [www.healthcareatdistance.com](http://www.healthcareatdistance.com).
- Please stay healthy!

# Thank you!

