

# 2nd call for regions and municipalities and their healthcare and social care service providers

Open January 24th – February 28th 2020

**We can provide support by our specialists to implement distance-spanning solutions for service provision of healthcare and social care in your region and municipality.**

## What is our collaboration about?

Healthcare and care through distance-spanning solutions 2018-2020 is a priority project part of the Swedish Presidency Programme of Nordic Council of Ministers 2018. The project aims to improve access to good health and social care for Nordic populations, and create conditions for development and growth. The project consists of three blocks:

1. Map distance-spanning solutions for healthcare and care in the Nordic Countries.
2. Identify nationally adopted methodologies & tools, supporting implementation of distance-spanning solutions.
3. Call for regions and municipalities, for implementation support (1st call during 2019 and 2nd call during 2020).

The project description further outlines;

*The project will gather experience and best practice examples, and examine whether there is a need for a long-term structure for collaboration with relevant actors at local and regional level in all the Nordic countries. The project may also initiate the development of new innovative solutions in working methods and processes for remote health and social care.*

If you are looking for inspiration of distance-spanning solutions, please look into our publication "Healthcare and care through distance-spanning solutions – 24 practical examples from the Nordic region".

All these examples have been identified through a mapping exercise and are implemented services available for the population at local or regional level. 19 additional implemented services can be found at our website: [www.healthcareatdistance.com](http://www.healthcareatdistance.com).

## Aim of this call

The aim with this call is to identify 11 regions or municipalities responsible for healthcare and social care provision from the Nordic countries that are looking to implement distance-spanning services. We will offer their service provider with consultative implementation support by our specialists. We will apply the use of identified tools and methodologies/strategies that have proven to be successful in the Nordic regions and municipalities. The regions and municipalities, and their ser-

vice providers, are free to select any distance-spanning service they wish to implement. However, services which relate to patients with chronic diseases, online response services and similar are especially welcome.

#### Specifically, for this second call:

- VOPD recognise the need to design strategic frameworks that over time supports transition into distance spanning services. Strategic frameworks include elements such as (adapted) implementation strategies including tools as well as other necessary components which allows disruptive service models to emerge.
- VOPD welcome Baltic State public organisations with healthcare and social care responsibility to take part in activities, especially in actions which focus on development of strategic frameworks, as observers. VOPD project will match expressed interest from Baltic State public organisations with appropriate projects.

The support will be provided during the timespan of 1st of April 2020 until the end of October 2020.

The support will consist of up to 160 hours of consultative service through a pool of assigned implementation specialists. The support shall be viewed as a way to kick start the service model transformation, to include distance spanning service opportunities.

Implementation support by our specialists is likely to relate to one or several of the following implementation stages:

- Anchoring the distance spanning service at all levels of the organisation.
- Insight into the citizen's needs, and solutions.
- Service model development.
- Pilot activities.
- Transformation into the new normal.

Specialist support will apply a patient centric focus, based on modern working methods, be online as well as in physical meeting and include a wide range of stakeholders such as doctors, nurses, ICT staff, service designers as well as patients in various activities.

## Who are we looking for?

Applicants will have to announce their interest to receive implementation support through an expression of interest.

A set of selection criteria has been established to inform service providers in municipalities and regions on the type of solutions and what organisational readiness level that is expected. The following criteria will be used to rank the expression of interest received:

### 1. Support to service providers in each Nordic country are of priority;

- ✓ We especially welcome smaller municipalities and less populated regions to submit an expression of interest.
- ✓ We encourage that small municipalities form networks/ join forces with other municipalities for implementation of distance spanning services.
  - Additional time for specialist support will be considered for network of small municipalities that join forces.

## 2. Fit to strategies;

- ✓ Priority will be given to implementation of distance-spanning services supported by:
  - National programs and/or strategies?
  - Regional programs and/or strategies?
  - Or other political decisions and/or well anchored guidelines.

## 3. Features (and effects) of selected services;

- ✓ Priority will be given to distance spanning services that are easy to use and intuitive, preferably delivered from patients own homes, providing:
  - Increased patient centric healthcare and/or social care opportunities such as;
    - Self-Monitoring.
    - Self care.
    - Specialist care, including inpatient care in homes.
    - Independence, that the patient will become more independent by using the solution.
    - Security/safety, that the patient will feel more safe/secure when using the solution.
  - Improved prerequisites for equal healthcare or social care.
  - Clear patient related (e.g. empowerment), system related (e.g. cost-effectiveness) or other explicit values (e.g. positive climate impact contribution).

## 4. The organisation's readiness for implementation of distance-spanning services, including;

- ✓ Strategic decisions, to apply an updated service model, are taken by the organisation responsible for the distance-spanning service(s).
- ✓ Staff resources available, ready to devote time to implement the distance-spanning service(s).
  - We especially welcome gender balanced implementation teams.
- ✓ Funds are secured for necessary upcoming implementation activities and investments.

## Time period for submission of expression of interest

The call will open on the 24th of January 2020 and close at the 28th of February 2020.

Selection of actions to be supported, will be announced no later than by the end of March 2020.

**Please submit your Expression of interest to Niclas Forsling at Centre for Rural Medicine in Storuman Sweden and Bengt Andersson at Nordic Welfare Centre in Stockholm Sweden:**

[Niclas.Forsling@regionvasterbotten.se](mailto:Niclas.Forsling@regionvasterbotten.se)

[Bengt.Andersson@nordicwelfare.org](mailto:Bengt.Andersson@nordicwelfare.org)

**For more information see our project website:** [www.healthcareatdistance.com](http://www.healthcareatdistance.com)

### Annexes:

- Expression of interest
- Short summary of the collaboration- Healthcare and Care through distance-spanning solution 2018-2020.